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FRANK P. LONG INTERMEDIATE
SCHOOL
599 BROOKHAVEN AVENUE
BELLPORT, NEW YORK 11713
631-730-1725



ASSISTANT PRINCIPAL
MRS. ALICIA ULBERG

September 2018

Dear Parents/Guardians:

Frank P. Long Intermediate School's WRESTLING, SOCCER & FOOTBALL Intramural Programs will begin Monday, October 1, 2018. Our goal is to provide your child with an effective after-school program which will serve as an extension of the skills being taught in our physical education program. The schedule is as follows:

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Wrestling Limit 40 Participants per day	Oct. 1, 15, 22, 29, Nov. 5, 19, 26, Dec. 3, 10, 17		Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, Dec. 5, 12	
Soccer Limit - 45 Participants per day	Oct. 1, 15, 22, 29, 30 Playoff	Oct. 2, 9, 16, 23, 30 Playoff	Oct. 3, 10, 17, 24, 31 Playoff	Oct. 4, 11, 18, 25, 31 Playoff
Football Limit - 48 Participants per day	Oct. 1, 15, 22, 29, Nov. 5		Oct. 3, 10, 17, 24, 31	

Fourth and fifth grade students are welcome to join our intramural program. Kindly submit this form by **Friday, September 21, 2018**. If you wish to participate, please select a day that does not conflict with Enrichment, Band, Chorus, Math Olympiad and/or Orchestra.

Intramurals will run from 2:50-3:30pm and a late bus will be provided for those students that ride a bus regularly. If you have any questions regarding transportation please contact the main office at (631) 730-1725 or East End Bus Company at (631) 345-9600.

If you have any questions concerning the program, kindly call Mrs. Driscoll at (631) 730-1727.

Warm regards,

Mrs. Stefanie Rucinski
Principal

PLEASE DETACH AND RETURN BY SEPTEMBER 21, 2018.

I give permission for my child _____ to attend the Wrestling, Soccer & Football Intramural program (circle preference(s))

MONDAY TUESDAY WEDNESDAY THURSDAY (Please circle the day you prefer)

Classroom Teacher

Parent/Guardian Signature

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Septiembre 2018

Estimados padres/tutores:

El programa de intramuro de WRESTLING, SOCCER & FOOTBALL de Frank P Long Intermediate School empesara el 1 de octubre 2018. Nuestro objetivo es ofrecer un programas efectivo después de la escuela que servirá como una extensión de los conocimientos que se enseña en nuestro programa de educación fisica. El calendario es el siguiente:

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Wrestling Limit 40 Participants per day	Oct. 1, 15, 22, 29, Nov. 5, 19, 26, Dec. 3, 10, 17		Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, Dec. 5, 12	
Soccer Limit - 45 Participants per day	Oct. 1, 15, 22, 29, 30 Playoff	Oct. 2, 9, 16, 23, 30 Playoff	Oct. 3, 10, 17, 24, 31 Playoff	Oct. 4, 11, 18, 25, 31 Playoff
Football Limit - 48 Participants per day	Oct. 1, 15, 22, 29, Nov. 5		Oct. 3, 10, 17, 24, 31	

Los estudiantes de cuarto y quinto estan bienvenidos a unirse a este programa. Por favor asegúrese de regresar este formulario antes del **viernes el 21 de septiembre 2018**. Aquellos estudiantes que ya están inscritos para programas después de la escuela como banda, coro, matemáticas olimpiadas, Estudio del Actor Joven y/o orquesta que deseen participar en el programa intramuros deben estar seguro de llegar el día en que no entre en conflicto con sus programas existentes.

Intramuros se extenderá desde 2:50-3:30 pm y se proporcionará un autobús tarde para aquellos alumnos que viajan en un autobús con regularidad. Si usted tiene alguna pregunta relacionada con el transporte, por favor comunicarse con la Sra. Driscoll al (631) 730-1727 o llame a East End Bus Company al (631) 345-9600.

Atentamente,

Sra. Stefanie Rucinski
Directora

POR FAVOR DESPRENDA Y DEVUELVA antes de **21 de septiembre 2018**

Yo doy permiso a mi hijo/a _____ para asistir al programa de Wrestling, Soccer & Football intramuros.

LUNES MARTES MIÉRCOLES JUEVES (Por favor, circule uno)

Maestro/a

Firma de Padre/Tutor