



# Sunshine

*PREVENTION CENTER FOR YOUTH & FAMILIES*

## REGISTER NOW FOR SOCIAL SKILLS PROGRAMS

### Monthly Social Development topics include:

- Friendships
- Self-esteem
- Anger Management
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Handling with conflict
- Dealing with Bullying

### Evenings Support Groups:

- **Age 5 through teens**
- **Young Adult group**
- **Parent/Guardian Component**

CALL TO MAKE AN APPOINTMENT FOR AN IFA –  
TO LEARN MORE ABOUT THE PROGRAMS

**Court-approved programs also provided:  
Parenting and Anger Management**

**REGISTRATION AND CONTACT INFO: 631-476-3099**

**EMAIL: AMBER.SUNSHINECENTER@GMAIL.COM**



*Working together to build Drug-free & Violence-free Communities*  
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[www.sunshinepreventionctr.org](http://www.sunshinepreventionctr.org)